Principal Message

Term 1 Reports and Interviews

Your child’s interim report for Term 1 will be sent home on Friday 18th March. Parent teacher interviews will take place in the last two weeks of term 1, beginning on Tuesday 29th March and Monday 4th April.

This year the focus of the interim report and subsequent parent teacher interview will be around the Positive Behaviour for Learning program that operates across our school. This program deals primarily with the wellbeing of our children and how they perform as a learner and a friend here at school.

These parent teacher interviews form a very important part of the way we report to you on the progress of your child at school. It not only allows us to give you accurate feedback on their start to the year, it enables you to meet with your child’s teacher and ask questions about matters that may be of concern. I urge you take advantage of this opportunity and arrange a time to sit down to discuss your child’s progress with their teacher.

STUDENT WELLBEING

Rock and Water

The Rock and Water Program is a program for both boys and girls from 5 years of age to 18 years of age that aims to develop self-regulation, self-confidence and self-awareness skills. Rock and Water is a holistic program which teaches students to make good choices and find direction in their everyday lives.

Rock is the symbol used in the program for standing fast for what you feel is right and worth defending.

Water is the symbol of strength through cooperation and communication.

Program Summary

Students will basically develop, through a self-defence format using exercises, strengthening drills and padded striking shields, a growing awareness of themselves. On the one hand they are taught to defend themselves from various forms of bullying, and on the other hand they are taught to grow more aware of boundaries and the consequences of crossing them.

Having discussions about standards and values and the importance of respect for oneself and others form an important part of our group work.

The five steps of the Rock and Water Program

1. The foundation; self-control, self-reflection and self-confidence
2. Standing up for yourself (Assertiveness)
3. Safety
4. Communication

The inner compass; Awareness of personal possibilities, qualities and responsibilities as you grow and mature.

I believe the Rock and Water Program has the potential to benefit all our students at Toormina Public School and that with the support from our local school community, including participating students, staff and parents/carers, it will be an integral part of the Positive Behaviour for Learning program.

Mr Hone Matete
ASSEMBLY NEWS

Today was a very eventful assembly. Our new leadership group and sound students are doing a fantastic job in their new roles. We also welcomed our two Kindergarten classes to their first whole school assembly. On top of this we were entertained with the first class assembly item for the year. The brave class to ‘kick it off’ was 4 Jade and they set a good standard. We all learnt a lot about the importance of books and reading with a wonderful remix of a Black Eyed Peas song called ‘Gotta Keep Reading’.

This weeks special award winners were:

- Environmental Award: 5/6 Aqua
- Class of the Week: 4 Jade
- Captains Award: Harmony Smith Kinder Blue
- Gotcha Draw: Holly Bilsborough Kinder Red

2/3 OLIVE GET CREATIVE

Students of 2/3 Olive have been enjoying some quality art time with Mrs Trist. These wonderful pieces have been inspired by the artworks of Iris Scott.

WIN A BIG DAY OUT

The Coffs Coast School challenge has begun at the Big Banana with $10,000 worth of prizes up for grabs. Vote for our school to win a one day all access ‘golden ticket’ to the park. Voting is now open on the Big Banana Facebook page until the 30th August, so vote for Toormina Public School to win the big prize.
HEALTHY TIPS

Healthy Lunchbox Basics

Healthy lunches are important for children at school to help with concentration and learning.

Use this checklist to include food from ALL these food groups including snacks.

- Fruit □
- Dairy foods □
- Vegetables □
- Lean meats □
- Bread and cereal foods □
- Drinks □

Remember:
Keep lunches cold!

ICAS ACADEMIC COMPETITIONS

Each year the University of NSW conducts academic competitions for students across Australia.

Many students from Toormina Public School have achieved outstanding results in these competitions in past years.

If you would like your son or daughter to enter all or some of these competitions please complete the form below and return it with the appropriate entry fees to Mrs Saunders by Tuesday, 22nd March. Thank you.

Mrs Rebecca Saunders

COMMUNITY NEWS

Sawtell Toormina Saints
Junior AFL Club

Junior Boys and Girls are invited to register on our REGISTRATION DAY 8th and 15th March at 4pm - 6pm
RICHARDSON PARK SAWTELL
Or you can register any time via our facebook page

Any questions you can contact us at sawtellsaintsjafl@7mail.com or on our Facebook Page.
Sawtell/Toormina saints junior AFL club Training for Auskick starts on Tuesday at Richardson Oval Sawtell (4pm - 5pm) on the 15th March and for the under 11, 13 and 15 on Tuesdays at Richo starting on the 1st March 4pm - 5.15pm.

VOLUNTEERS

If you think that you may help as a school volunteer, you will need to obtain a Working With Children Clearance Check Number.

An application fee does NOT apply.

How to apply - complete the online application form which can be accessed at:
http://www.newcheck.kids.nsw.gov.au

Once you have made an application, you will receive an application number. Present your application number to a NSW motor registry along with proof of identity (drivers licence). Once your application has been processed, you will be notified of the outcome by email or post.

CANTEEN NEWS

Volunteers Needed!!

If you would like to volunteer in our canteen please supply a WWCC number to April Ingram (Canteen Manager) 6653 2122.

Canteen Roster

Canteen is closed every Tuesday

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Musicale 2016

Congratulations to all of our students selected to be involved in this year’s Musicale! These students have now received their contracts for this performance and will need to return these along with their $35 T-shirt/Costume levy to the office as soon as possible. The following mini-calendar shows our production dates and times in Term 2, so that everyone can put aside these special dates. Our students will be part of Cast 1 for the show and will perform in 2 matinee shows and 2 evening shows. This is a very exciting event and a fantastic creative opportunity for our students.

Musicale Dance Workshop

Dance students will be participating in a Musicale dance workshop at Boambee P.S. on Monday 7th March from 10:00am – 2:00pm. Travel will be by bus (no cost). All students involved need to return their permission notes by Friday 4th March. Students attending this workshop need to come to school dressed in comfortable dance wear (no midriff tops) and will need to bring their lunch, recess and a water bottle.